

PART NUMBER

**SSR-109-40**



**BEFORE YOU BEGIN**

**PRIMARY APPLICATIONS**

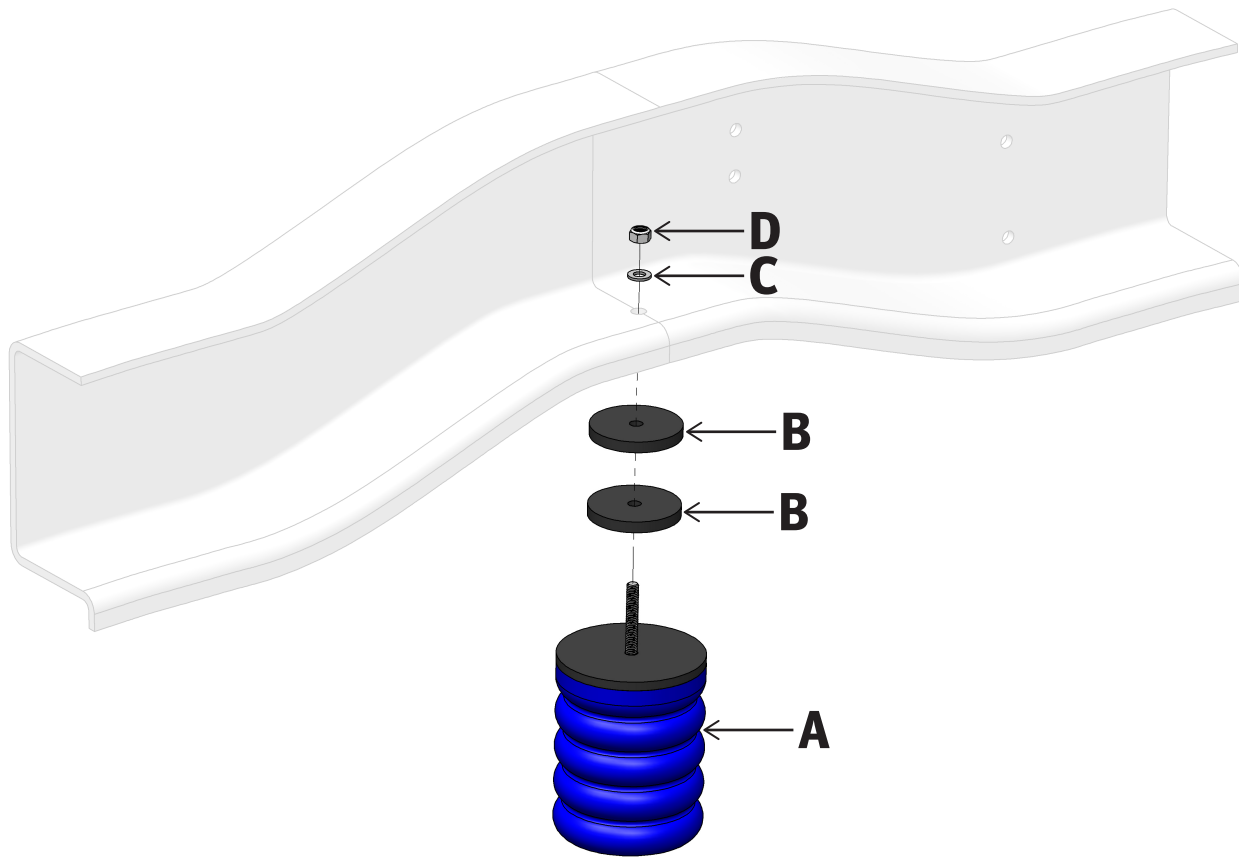
- > Ford Excursion 4 X 4 (2000 - 2005)

**PARTS LIST**

Item	Part #	Discription	QTY
A	511438	SumoSprings Blue -40	2
B	512009	Spacer	4
C	512215	M8 Flat Washer	2
D	512219	M8-1.25 Nylock Nut	2

**TOOLS REQUIRED**

- > Floor Jack
- > Jack Stands
- > Wheel Chocks
- > 13mm Wrench



**DRIVER SIDE (PASSENGER SIDE SIMILAR)**

**Part Number: SSR-109-40**

**Product Line: SUMOSPRINGS REAR**

**Page 1**

Questions or Concerns?

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[superspringsinternational.com](http://superspringsinternational.com)

**SAFETY NOTICE:** We recommend installation be done by a professional or persons with sound mechanical knowledge.

**WARNING:** These instructions are a general guide for installation. SuperSprings International (SSI) assumes no liability for the actual installation process. Consumers and installers should apply common automotive safety practices when raising and working on any vehicle. **Do not put yourself in a position where, if the vehicle were to move unexpectedly, you may be injured.** SSI's products are designed to improve vehicle ride quality. Do not load any vehicle beyond the manufacturer's specifications.

**Never exceed the manufacturer's Gross Vehicle Rating (GVWR) located on your vehicles identification tag.**

**BEFORE INSTALLATION:** Ensure the vehicle is on a hard level surface, the parking brake is ON, with the ignition OFF, and place chocks in front of and behind the tires to prevent the vehicle from moving.

**DURING AND/OR AFTER INSTALLATION:** Ensure emergency brake cables are not touching the SSI products. Secure any cables out of the way with zip ties or by re-routing. Ensure all A/C lines, brake cables, and frame are clear of contact or interference.

REV. 2.01 | SEP 2023

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**INSTALLATION**

1. Park vehicle on hard, level surface. Place wheel chocks in front and behind the front wheels to prevent rolling. Observe all safety precautions and wear safety glasses.
2. Raise the rear of the vehicle allowing the axle to hang free and rest the frame on the safety jack stands rated for the weight of the vehicle. Removal of the rear wheels is optional.
3. Starting on the driver side, un-bolt and remove the factory bump stop from the underside of the frame and set aside.
4. Place two of the Spacers [ITEM B] onto the threaded stud of the SumoSpring [ITEM A]
5. Insert the threaded stud into the hole in the frame from which the factory bump stop was removed.
6. Secure the SumoSpring using the Flat Washer [ITEM C] and M8 Nylock Nut [ITEM D].
7. Repeat steps 3 through 6 on the passenger side of the vehicle.
8. If rear wheels were removed you can now reinstall the rear wheels and torque wheel nuts to manufacturers specifications.
9. Jack up vehicle, remove safety jack stands.
10. Remove wheel chocks from the front wheels.
11. Register the warranty for your SuperSprings International part. A warranty card can be found in the box your part came in.

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**Page 2**

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